

SUN TREATMENT.

"THE SUNLIGHT IS THE WORLD'S GREAT ANTISEPTIC."

—SIR HENRY GAUVAIN.

"Truly the light is sweet, and a pleasant thing it is for the eyes to behold the sun." So spoke the Wise Man in his wisdom, but others less wise have turned their eyes away from the sun.

So it has come to pass that it has taken us thousands of years to realise the supreme value of sunlight, that still we build slums in which are bred the diseases of darkness, such as rickets and tuberculosis, and that only here and there are men like Dr. Albert Rollier at Leysin, and Sir Henry Gauvain at Lord Mayor Treloar's Hospital at Alton, and its seaside branch at Hayling Island, who have realised fully the beneficent power of the sun in maintaining health and in curing disease. It is pathetic that, when darkness has done its worst, and the poor, maimed bodies of city-bred children, twisted and diseased, cry out for cure, they are taken, if they are fortunate, to the country and seaside, too late, in most instances, to restore to them their bodies straight and beautiful,



SIR HENRY GAUVAIN.

but so benefited by the healing rays of the sun, which should be the heritage of every child from birth, that disease is arrested, the injured constitution built up, and life becomes full of happiness and joy. It must have given profound pleasure to the late Sir William Treloar, Lord Mayor of London from 1906-1907, that, by founding the Cripples' Hospital and College at Alton and Hayling Island, he has brought sunshine and laughter into so many lives which formerly were filled with dreariness and pain.

It was my good fortune recently to visit the seaside branch of the hospital at Hayling Island, and, under the guidance of the Sister-in-charge, Miss Miller, and the Ward Sister, Miss Sykes, to see something of the beneficent work going on there under the direction of Sir Henry Gauvain, who is in close touch with this most recent development of the work of the Alton Hospital. It must be understood that the location of this seaside branch was selected with the very greatest care, after the whole of the south coast of England had been explored. In a lecture given before the British Commercial Gas Co., to the courtesy of which we owe four of our illustrations, Sir Henry Gauvain explained:—"It is on the very edge of the sea; the patients can be lifted almost



THE SUN IS A DISPELLER OF ILL HUMOURS. CONVALESCENT CHILDREN CRIPPLED BY TUBERCULOUS DISEASE ON THE BEACH AT SANDY POINT, HAYLING ISLAND.

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